

# Dockside Session #2

## Crew Roles and Responsibilities

### Main Sail

#### Hoist Main

##### Helm

- Bow into the wind.

##### Foredeck

- Check that halyard is correctly attached to main sail.
- Jump (i.e. pull) halyard to raise the main as high as possible.

##### Front Starboard Winch

- Place halyard on winch (2 wraps).
- Pull in halyard slack as main sail rises.
- Secure halyard in winch jaws when Jumper finishes.
- Winch halyard as necessary to reach full sail height.

#### Lower Main

##### Helm

- Bow into the wind.

##### Foredeck

- Deploy port and starboard lazy jacks.
- Communicate with winch operator to gradually lower main sail.
- Evenly flake main over boom.
- Secure main sail to boom with sail ties.

##### Front Starboard Winch

- Ensure that boom is centered and tightly secured.
- Place main halyard on winch and open clutch.
- Gradually ease out halyard as directed by foredeck.

### Jib/Genoa

#### Deploy Jib

##### Helm

- Sail to close reach.

##### Leeward Winch

- Place jib sheet on winch (2 wraps) and pull to deploy jib.
- Secure jib sheet to winch and trim to point of sail.

##### Furler

- Remove furling line from cleat.
- Maintain slight tension on furling line as jib is deployed.
- Secure furling line to cleat

## Retract Jib

### Helm

- Bow into the wind.

### Leeward Winch

- Once into the wind, release jib sheet but keep 1 wrap on winch.
- Maintain slight tension on jib sheet as sail is retracted.

### Furler

- Remove furling line from cleat.
- Pull line to furl the jib plus two wraps around the forestay.
- Secure furling line to cleat.

## Tack

### Helm

- Command "Prepare to Tack." Wait for reply of "Ready" from port and starboard winches.
- Ensure boat is close hauled with good speed. Command "Helm's a-lee."
- Turn helm into and **quickly** through the wind. Stop turn when bow is 45 degrees (or more depending on the new course) through the wind.

### Leeward Winch

- Remove jib sheet from winch jaws but continue to hold tight.
- Once jib begins to luff, quickly and completely release jib sheet from winch.

### Windward Winch

- Pull jib sheet tight and place around the winch (2 wraps).
- Once jib luffs and leeward sheet is released rapidly pull the sheet across the bow and into position on the new leeward side.
- Secure jib sheet to winch and trim to the new point of sail.

## Jibe

### Helm

- Command "Prepare to Jibe." Wait for reply of "Ready" from the mainsheet trimmer and the two winches. Command "Jibe-ho."
- **Slowly** turn the boat away from the wind to bring the stern through the wind and to the new broad reach position.

### Main Sheet Trimmer

- Quickly centers the main sheet, and slowly eases it back out after the stern moves through the wind.
- This maneuver is essential to prevent a dangerous accidental jibe.

### Leeward and Windward winches

- Sailing downwind, the load on the jib sheets will be significantly less than with a tack.
- As the stern turns through the wind, the leeward sheet is released, and the jib is pulled to its new broad reach position.